



Book Your Appointment
619.782.9181 | legacyresortandspa.com

Relaxing Hours
DAILY | 9am – 5pm

Massage Treatments

Swedish Massage

A gentle, relaxing massage that improves flexibility and circulation. Our lightest touch massage using your choice of aromatherapy oil.

50 min / \$185 80 min / \$300

Legacy Massage

Personalize your experience with our signature massage combining aromatherapy, Swedish, and therapeutic techniques. Consult with your therapist to focus directly on specific areas of need to relieve tension and stress.

50 min / \$210 80 min / \$310

Deep Tissue Release

Deep tissue massage improves circulation to flush toxins from the muscles to promote healing, range of motion and full body wellness.

50 min / \$220 80 min / \$320

Mother-to-Be Massage

Tailored to fit your needs as your body changes during pregnancy to ease muscle tension, fatigue and stress. Recommend starting of 2nd trimester.

50 min / \$220

CBD Massage

Reach deep relaxation. Specific areas to relieve pain and inflammation, calm anxiety and stress using CBD or Arnica oil calming massage techniques.

50 min / \$230 80 min / \$330

Himalayan Salt Stone Massage

Surrender to the healing warmth of Himalayan Salt stones as they soothe sore muscles, reduce inflammation, and support immune health.

80 min / \$320

Most Popular Services

Express Legacy Facial

25 min / \$75

Express Swedish Massage

25 min / \$75

Paraffin Foot Treatment

25 min / \$75

Relax & Unwind Trio Package

This package includes 3 mini treatments: 25 min Petite Facial, 25 min Swedish Massage, and 25 min Paraffin Foot Treatment.

75 min / \$199

Unity Package

This package includes 4 treatments: 25 min Petite Facial, 50 min Legacy Massage, 30 min Essential Manicure, and 45 min Essential Pedicure.

150 min \$360

Please call us directly to book your appointment for the express/most popular services in advance. All other services can be booked by phone or on our website.

Massage Enhancements

Aromatherapy / \$15

CBD / \$15

Hyper Volt / \$15

For your convenience, a 22% service charge has been included in all services and packages.



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The Spa at Legacy is the perfect place to relax and unwind. Enjoy your spa experience with complimentary use of the day spa, dry sauna and your choice of a mimosa, sparkling water or tea.

Body Wraps

Mountain Zen Scrub

Mineral-rich salts combined with organic aromatherapy oils create a customized, revitalizing full-body renewal. Select from juniper berry or grapefruit black pepper body oils – the blend chosen will reflect what the body and mind need. Remain comfortable, warm, and relaxed, never leaving the table with our signature-rinse technique. Complete with a full-body luxurious application of oils that calm the mind and deeply hydrate the body.

50 min / \$220

Deep Sleep Ritual

Indulge in a relaxing escape designed to ease the body and quiet the mind. Melt into a luxurious full-body massage, enhanced with your choice of a calming scalp or grounding foot massage, as you are cocooned in a deeply nourishing wrap. Infused with Carnauba Wax, Cocoa Butter, and Jojoba Oil, our rich body salve envelops your skin in lasting hydration, leaving you restored, radiant and ready for a deep sleep.

80 min / \$250

Valley Vibes Wrap

Let the healing and warming properties of ginger invigorate and nourish in this renewing head-to-toe experience. Earthly minerals are combined with ginger's healing properties in an invigorating full body exfoliation. Following is a pampering full body massage with ginger oil and warm healing stones. Next, nourish and relax inside a warm cocoon while forehead, ear and pressure point scalp massage complete this vitalizing experience.

80 min / \$300

Skincare Treatments

Healthy Glow Facial

Designed to protect the skin from premature aging caused by environmental factors, this treatment helps restore and balance the skin's nature barrier, promoting optimal skin health.

50 min / \$175

Legacy Gemstone Facial

Hydrate and restore your skin barrier using all natural premium products. Helps reduce the appearance of fine lines and wrinkles, resulting in a more youthful complexion.

50 min / \$185

Fountain of Youth Facial

Radiance enhancing organic antioxidants nourish and rejuvenate, while calming, lifting and firming the skin with activated enzymes. Resulting in a flawless beautiful complexion.

50 min / \$210

HSR Lifting & Firming Facial

This indulgent treatment with precision-targeted active ingredients works harmoniously to not only diminish existing visible wrinkles but prevent new wrinkle formation and slow the aging process.

50 min / \$210

Luminous Oxygen Facial

Experience unparalleled results with our Oxygen Facial. This facial is a non-invasive skincare treatment that hydrates, revitalizes, and brightens the skin using a combination of pressurized oxygen and hyaluronic acid.

50 min / \$220

Skincare Enhancements

Sheet Mask / \$30

Nutri Restore Ampoule / \$20

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Nailcare Treatments

Essential Manicure

Soak your hands in a warm aromatic bath followed by nail shaping and gentle cuticle treatment. Finish with a moisturizing lotion and the polish color of your choice.

30 min / \$60

Legacy Manicure

Pamper your hands with everything in the Essential but also include a scrub, mask, hot towels, paraffin wax treatment, lotion massage and the polish color of your choice.

50 min / \$80

Essential Pedicure

A soothing treatment for overworked feet, starting with a warm foot bath, nail shaping and gentle cuticle treatment. Finish with a moisturizing lotion and polish of your choice.

45 min / \$90

Legacy Pedicure

Pamper your feet with everything in the Essential Pedicure, plus a scrub, mask, hot towels, massage with lotion and choice of polish color.

50 min / \$110

Nailcare Enhancements

Acrylic or Gel Removal / \$20

Foot Scrub / \$25

Waxing Services

Eyebrow Shaping / \$60

Eyebrow Tweeze / \$30

Face Wax / \$50

Lip or Chin / \$15

Hair & Salon Services

Men's Classic Cut / \$45 +

Men's Skin Cut / \$50 +

Men's Beard Trim / \$30 +

Shampoo Blow Out / \$65 +

Shampoo, Blow dry, style

Women's Haircut / \$85 +

Shampoo, Blow dry, Style and Haircut

Bang Trim / \$20

Only Bang Trim

Dry Style / \$40 +

Curl or Flat Iron

Up Do / \$100 +

Event Hair Style

Hair Care Enhancements

Deep Condition / \$25

Hair mask Application, Hot towel

Hot Oil Treatment / \$25

Hot Oil Applied to Scalp, Hot Towel

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